



# Terrebonne

GENERAL HEALTH SYSTEM

Women's Health Center



## Visitation Guidelines

### GENERAL VISITATION:

- Visiting hours are between: **7:30 am and 8 pm.**
- Entry may be permitted through the Emergency Department under special circumstances.
- All visitors should wash their hands before and after visiting.
- Visitors are to wait in the waiting rooms - not in the hallways.
- The health and safety of our patients is most important. Visitors may be asked to leave at any time.
- Please do not visit if sick.

### OUTPATIENT, OBSERVATION AND LABOR & DELIVERY VISITATION:

- Each patient will be given three Labor & Delivery passes to share with their support individuals.
- Support individuals are required to show pass prior to entering the unit.
- The patient may want to share her passes with other family or friends. This is up to her discretion.
- We ask that passes are returned after the recovery period.
- Big brothers and sisters do not need a pass.
- If the patient is not in active labor, only two support individuals are able to stay overnight. All other visitors may return at 7:30 am or when active labor begins.

### POST PARTAL/GYN VISITATION:

- Passes are not required. Food is allowed, but check with the patient's nurse prior to bringing food on the unit.
- Two visitors may stay overnight with the patient. One visitor must be an adult; a child 12 years or older will be allowed at the discretion of the staff.
- General Visitation rules are to be followed throughout the hospital stay.

### DELIVERY ATTENDANCE:

- For a vaginal delivery, no more than three support individuals are allowed to stay.
- For a c-section delivery with an epidural, no more than two support individuals are allowed and may remain for recovery.
- For a c-section delivery under general anesthesia (when the patient is sleeping), no support individuals are allowed in the delivery.
- Support individuals are to remain in the delivery until it is completed, and will not be allowed to go in and out.
- Children under 12 are not allowed during the delivery.
- No support individuals will be allowed to remain with the patient during the administration of spinal or epidural anesthesia.

### RECOVERY VISITATION:

- Vaginal delivery - three visitors with a pass.
- C-section delivery with an epidural - two visitors are allowed.
- C-section delivery under general anesthesia - visitors are allowed based on acuity of care.
- Big brothers and sisters do not need a pass.

*For any further questions or concerns, please ask your assigned nurse.*